RUSTON SPORTS ACADEMY



Head Coach: Matt Easton (UEFA 'A' Licenced)

Easter Football Course

Monday 8th April

Defending day

Principles of defence, Technical coaching,

Tactical awareness

Tuesday 9th April

Midfield day

Switching play,

Receiving the ball,

Maintaining possession

Wednesday 10th April

Attacking day

Close range finishing,

Hold up play,

Movement

9am – 5pm. £20 per day £50 for all three days.

Visit the 'Holiday Courses' page of our website to reserve your place

07952 965719

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www.rustonsportsacademy.com

Ruston Sports Club, Newark Road, Lincoln, LN6 8RN